



Dignity | Equality | Opportunity



Spring is in the air! It's a period of new beginnings and as an organization committed to helping women and children find their new beginnings, we couldn't be more excited here at EFry. It's also a perfect time for us to update you on where we're at and where we're going with our revamped Newsletter.

## Elizabeth Fry Week

May 7th to May 13th is National Elizabeth Fry Week. In the communities we serve, we will be celebrating the efforts of our staff, and the legacy of work we build upon to develop effective solutions to the complex problems our clients face. Let us know if you'd like an invitation to an event in your community, or drop by the main office's community barbeque at Sapperton Park, across from the Royal Columbian Hospital, May 11th from 11 am to 2 pm.

## A Growing Continuum of Care for Women Struggling with Addictions

Access to addictions treatment is increasingly a matter of life and death. There are few addictions treatment beds for women in the Upper Fraser Valley.

EFry opened a twelve-bed intensive addictions treatment program for women with severe addictions. We are pleased now to offer a full suite of addictions treatment programming from detox onwards for women with all

levels of addictions. The Firth campus of care provides four increasingly intensive levels of addictions intervention, and the new Rosedale site offers a further higher level of intervention. Depending on the intervention women may reside from three days to six months and can transition from one level of intervention to another as they progress through their recovery.

*“Without Firth, I wouldn't be where I am today both physically and mentally.”*

As one former client said recently “Without Firth, I wouldn't be

where I am today both physically and mentally. The Firth staff helped me on my recovery journey as well as helped me improve in taking care of my son. I'm a better mom and person today because of all of you”



'Fry' Cooks from our 2016 Event

# We Have a New Website

Our new website is up and running with updated program information and a clean new look. Stop on by the web to see our recent changes, catch up on EFry news, or read one of our White Papers on effective solutions to complex problems facing our clients. We'd love to hear your thoughts on the site and about any information you'd like to see. [www.elizabethfry.com](http://www.elizabethfry.com)

## Building a Community Response in Abbotsford

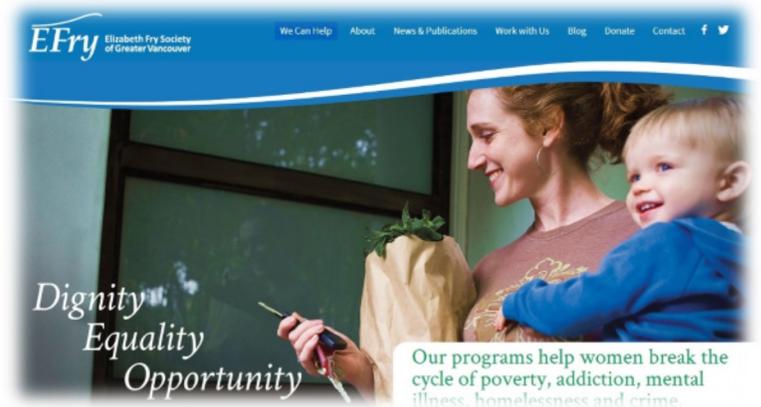
In collaboration with Abbotsford Community Services and the Women's Resource Society of the Fraser Valley, EFry's Women Exiting Abuse, Violence and Exploitation (WEAVE) Program is underway.

Based on research and best practice services it provides a holistic approach to helping women exiting prostitution or retiring from the sex trade.

Services provided include: Safe Harbour for extended hours through the Warm Zone Drop in and peer support groups; detox, addictions treatment, support recovery or safe transitional housing; case management and help to broker needed services with particular emphasis on education, employment, and affordable housing. Intensive counselling is available to women to help them address historical issues related to trauma and violence.



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## Blue Sky Summer Camps

This year Justkids Blue Sky summer camp will be on Gambier Island. This is Canada's first and only summer camp for children with a parent involved in the justice system. Resources for this group are rare. Currently, there are no government programs or funding aimed specifically at helping the children address their confusion, feelings of abandonment and plummeting self-esteem.



We have 240 spots available this summer. Families or caregivers pay \$30 dollars a week per child and the remainder of costs are supported by our

generous donors.

If you know of a child who would benefit from camp contact our head office at 604.520.1166. Camp provides the opportunity for fun, friendship, and a chance to talk to other children about their experiences and feelings.